



## Countdown to College Recommendation Form

**Applicant:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**School:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Directions to Reference:** The Countdown to College program at Saint Mary's University of Minnesota provides four summers of academic boot camp designed to prepare high-potential, high-need students from our Lasallian and Nativity schools for success in college. Based on the research that shows that persistence to college graduation consists of both academic and noncognitive characteristics, we ask that you complete the following assessment of this applicant's personal attributes.

**Reference Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Relationship to Applicant:** \_\_\_\_\_

	Very much like this applicant	Mostly like this applicant	Somewhat like this applicant	Not much like this applicant	No basis for judgment
Ability to overcome challenges					
Dependability—will stick with a project until finished					
Realistic self-appraisal (knows own strengths and weaknesses)					
Focuses on long-term goals over short-term gains					
Strong time management/study habits					
Focuses on achievement (most grades B or better)					
Seeks help and follows advice (e.g., poor performance on test)					
Has good social problem-solving skills					
Involved in community service (church, neighborhood, school)					
Has a passion for a specific hobby or academic subject					

**Please provide examples for the above ratings for this student:**